All MEALS ARE AT NO COST TO ALL STUDENTS.	ELEA	AENTARY	OCK UI SCHOOL AAR – JUN	DISTRICT	Menu Key (V) Vegetarian (C) Chicken (B) Beef (P) Pork (T) Turkey
	MONDAY MAR 2 Bagel and Cream	TUESDAY MAR 3 Pancake Stick (P)	WEDNESDAY MAR 4 Chocolate Chip	THURSDAY MAR 5 Waffle &	FRIDAY MAR 6 Yogurt Parfiat (V)
SELECT AT 3 FOOD LEAST TITEMS	Cheese (V) **** Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit	**** Sweet and Spicy Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit	Bread (V) **** Nachos (B/V) Deli Sandwich (T) Fresh Fruit	Strawberries (V) **** Hot Links (B) Peanut Butter & Jelly (V) Fresh Fruit	Oatmeal Bowl (V) **** Mini Corn Dogs (C) Chef Salad (T) Fruit Bowl
TO MAKE A BREAKFAST!	*See Below MAR 9 Waffle & Sausage	*See Below MAR 10 Potato & Chorizo	MAR 11 Cinnamon Roll (V)	MAR 12 Sausage & Cheese	*See Below MAR 13 Yogurt Parfait (V)
MUST TAKE AN ENTRÉE AND 1/2 CUP FRUIT OR JUICE	Sandwich (V) **** Pizza (P/V) Caesar Salad (C) Fresh Fruit	Burrito (B) **** Korean BBQ Beef w/ Rice (B) Chinese Chicken Salad (C) Fresh Fruit	**** Chicken Tamale (C) Chile Colorado(P) Deli Sandwich (T) Fresh Fruit	Bagel (B) **** Jalepeno Burger (B) Peanut Butter & Jelly Sandwich (V) Fresh Fruit	Oatmeal Bowl (V) **** Drumstick w/ Mac & Cheese (C) Chef Salad (T) Fruit Bowl
Please encourage your child to select at least one fruit or	MAR 16 Bagel and Cream Cheese (V)	*See Below MAR 17 Pancake Stick (P) **** Sweet and Spicy	*See Below MAR 18 Chocolate Chip Bread (V)	MAR 19 Waffle & Strawberries (V)	*See Below MAR 20 Yogurt Parfait (V) Oatmeal Bowl (V)
vegetable every day for better health!	Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit	Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit	Nachos (B/V) Deli Sandwich (T) Fresh Fruit	Hot Links (B) Peanut Butter & Jelly (V) Fresh Fruit	Mini Corn Dogs (C) Chef Salad (T) Fruit Bowl
Lunch Salad Bar: Fresh Mix Salads, Fresh Vegetables, Legumes and so much more!	*See Below MAR 23 Waffle & Sausage Sandwich (B)	*See Below MAR 24 Potato & Chorizo Burrito (B) ****	MAR 25 Cinnamon Roll (V) **** Chicken Tamale (C)	MAR 26 Sausage & Cheese Bagel (B) ****	*See Below MAR 27
Fratt Grain Dary	Pizza (P/V) Caesar Salad (C) Fresh Fruit	Korean BBQ Beef w/ Rice (B) Chinese Chicken Salad (C) Fresh Fruit	Chile Colorado(P) Deli Sandwich (T) Fresh Fruit	Jalepeno Burger (B) Peanut Butter & Jelly Sandwich (V) Fresh Fruit	Cesar Chavez Day
Choose MyPlate,gov	MAR 30 Bagel and Cream Cheese (V)	*See Below MAR 31 Pancake Stick (P) **** Sweet and Spicy	*See Below APR 1 Chocolate Chip Bread (V) ****	APR 2 Waffle & Strawberries (V)	APR 3 Yogurt Parfait (V) Oatmeal Bowl (V)
What Makes A Complete Lunch? Choose At Least 3 Different food components AND One Must Be 1/2 Cup Of	Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit	Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit	Nachos (B/V) Deli Sandwich (T) Fresh Fruit	Hot Links (B) Mini Corn Dogs (C) Peanut Butter & Jelly (V) Fresh Fruit	Spaghetti and Meatballs w/ Garlic Bread (C) Chef Salad (T) Fruit Bowl
Fruit or Vegetable	*See Below APR 6 Waffle & Sausage	*See Below APR 7 Potato & Chorizo	APR 8 Cinnamon Roll (V)	APR 9 Sausage & Cheese	*See Below APR 10
 ★ VEGETABLE ★ PROTEIN ★ GRAIN ★ MULC 	Sandwich (B) **** Pizza (P/V) Caesar Salad (C)	Burrito (B) **** Korean BBQ Beef w/ Rice (B)	**** Chicken Tamale (C) Chile Colorado(P) Deli Sandwich (T)	Bagel (B) **** Jalepeno Burger (B) Peanut Butter & Jelly	Yogurt Parfiat (V) Oatmeal Bowl (V) **** Drumstick w/ Mac & Cheese (C)
* MILK	Fresh Fruit	Chinese Chicken Salad (C) Fresh Fruit *See Below	Fresh Fruit *See Below	Sandwich (V) Fresh Fruit	Chef Salad (Ť) Fruit Bowl *See Below
*Vegetarian Options Available Upon Request!	SPR	ING 7		A BRE	AK
Menu Subject to change without notice. This institution is an equal opportunity provider.				-	

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				OCK UN		Wegetarian (V) Vegetarian (C) Chicken (B) Beef (B) Pork			
NU COURTER DU TUrkey									
		MONDAY		WEDNESDAY	THURSDAY	FRIDAY			
		APR 20 Bagel and Cream Cheese (V)	APR 21 Pancake Stick (P)	APR 22 Chocolate Chip Bread (V)	APR 23 Waffle & Strawberries (V)	APR 24 Yogurt Parfait (V) Oatmeal Bowl (V)			
	SELECT AT 3 FOOD LEAST TIEMS	Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit *See Below	Sweet and Spicy Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit *See Below	Nachos (B/V) Deli Sandwich (T) Fresh Fruit	Hot Links (B) Mini Corn Dogs (C) Peanut Butter & Jelly (V) Fresh Fruit	Spaghetti & Meatballs w/ Garlic Bread (C) Chef Salad (T) Fruit Bowl *See Below			
	TO MAKE A	APR 27 Waffle & Sausage	APR 28 Potato & Chorizo	APR 29 Cinnamon Roll (V)	APR 30 Sausage & Cheese	MAY 1 Yogurt Parfait (V)			
	BREAKFAST!	Sandwich (B)	Burrito (B) ***** Korean BBQ	**** Chicken Tamale (C)	Bagel (B)	Oatmeal Bowl (V)			
	MUST TAKE AN ENTRÉE AND 1/2	Pizza (B/V) Caesar Salad (C) Fresh Fruit	Beef w/ Rice (B) Chinese Chicken Salad (C) Fresh Fruit	Chile Colorado (P) Deli Sandwich (T) Fresh Fruit	Jalapeno Burger (B) Peanut Butter & Jelly (V) Fresh Fruit	Drumstick w/ Mac & Cheese (C) Chef Salad (T) Fresh Fruit			
			*See below	*See below		*See Below			
	CUP FRUIT OR JUICE	MAY 4 Bagel and Cream Cheese (V)	MAY 5 Pancake Stick (P)	MAY 6 Chocolate Chip Bread (V)	MAY 7 Waffle & Strawberries (V)	MAY 8 Yogurt Parfait (V) Oatmeal Bowl (V)			
	Please encourage your child to select at least one fruit or vegetable every day for	Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit *See Below	Sweet and Spicy Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit *See Below	**** Nachos (B/V) Deli Sandwich (T) Fresh Fruit	Hot Links (B) Mini Corn Dogs (C) Peanut Butter & Jelly (V) Fresh Fruit	Spaghetti & Meatballs w/ Garlic Bread (C) Chef Salad (T) Fruit Bowl *See Below			
	better health!	MAY 11 Waffle & Sausage	MAY 12 Potato & Chorizo	MAY 13 Cinnamon Roll (V)	MAY 14 Sausage & Cheese	MAY 15 Yogurt Parfait (V)			
	Lunch Salad Bar: Fresh Mix Salads, Fresh Vegetables, Legumes and so	Sandwich (B) **** Pizza (B/V) Caesar Salad (C) Fresh Fruit	Burrito (B) **** Korean BBQ Beef w/ Rice (B) Chinese Chicken Salad (C) Fresh Fruit *See below	**** Chicken Tamale (C) Chile Colorado (P) Deli Sandwich (T) Fresh Fruit *See below	Bagel (B) **** Jalapeno Burger (B) Peanut Butter & Jelly (V) Fresh Fruit	Oatmeal Bowl (V) **** Drumstick w/ Mac & Cheese (C) Chef Salad (T) Fresh Fruit *See Below			
	much more!	MAY 18 Bagel and Cream Cheese (V)	MAY 19 Pancake Stick (P)	MAY 20 Chocolate Chip Bread (V)	MAY 21 Waffle & Strawberries (V)	MAY 22 Yogurt Parfait (V) Oatmeal Bowl (V)			
	Pruits Grains Dary Vegetables Protein	**** Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit *See Below	Sweet and Spicy Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit *See Below	**** Nachos (B/V) Deli Sandwich (T) Fresh Fruit	**** Hot Links (B) Mini Corn Dogs (C) Peanut Butter & Jelly (V) Fresh Fruit	**** Spaghetti & Meatballs w/ Garlic Bread (C) Chef Salad (T) Fruit Bowl *See Below			
	Choose MyPlate.gov What Makes A Complete Lunch?	MAY 25	MAY 26 Potato & Chorizo Burrito (B)	MAY 27 Cinnamon Roll (V)	MAY 28 Sausage & Cheese Bagel (B)	MAY 29 Yogurt Parfait (V) Oatmeal Bowl (V)			
	Choose At Least 3 Different food components AND One Must Be 1/2 Cup Of Fruit or Vegetable	MEMORIAL DAY	Korean BBQ Beef w/ Rice (B) Chinese Chicken Salad (C) Fresh Fruit *See below	Chicken Tamale (C) Chile Colorado (P) Deli Sandwich (T) Fresh Fruit *See below	Jalapeno Burger (B) Peanut Butter & Jelly (V) Fresh Fruit	Drumstick w/ Mac & Cheese (C) Chef Salad (T) Fresh Fruit *See Below			
	, ·	JUN 1	JUN 2	JUN 3	JUN 4	JUN 5			
	★ FRUIT ★ VEGETABLE	Bagel and Cream Cheese (V)	Pancake Stick (P)	Chocolate Chip Bread (V)	Waffle & Strawberries (V)	Yogurt Parfait (V) Oatmeal Bowl (V)			
	★ PROTEIN ★ GRAIN ★ MILK	Spicy Chicken Patty (C) Caesar Salad (C) Fresh Fruit *See Below	Sweet and Spicy Chicken and Rice (C) Chinese Chicken Salad (C) Fresh Fruit *See Below	Nachos (B/V) Deli Sandwich (T) Fresh Fruit	Hot Links (B) Mini Corn Dogs (C) Peanut Butter & Jelly (V) Fresh Fruit	Spaghetti & Meatballs w/ Garlic Bread (C) Chef Salad (T) Fruit Bowl *See Below			
		JUN 8 Waffle & Sausage Sandwich (B)	JUN 9 Cereal with Honey Crackers (V)			/ */			
	*Vegetarian Options Available Upon Request!	Pizza (B/V) Caesar Salad (C) Fresh Fruit	Cooks Choice Fresh Fruit						
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